

TOWN OF EAST WINDSOR ELDERLY COMMISSION

REGULAR MEETING MONDAY, OCTOBER 26 2015 AT 5:30 P.M. TOWN HALL MEETING ROOM

I. Call to order:

Vice Chairman Drouin called the Meeting to Order at 5:35 p.m. in the Town Hall Meeting Room, 11 Rye Street, Broad Brook, CT.

II. Attendance:

Present: Catherine Drouin (Vice Chairman), Nancy Viets, Elizabeth Burns, and new member Bob Cormier. Also present was Kristen Fromanek, Municipal Agent.

Absent: Claire Badstubner.

A quorum was established as four members were present.

MOTION: Call the October 26, 2015 Meeting of the East Windsor Elderly Commission to Order at 5:35 p.m.

Drouin moved/Burns seconded/VOTE: In Favor: Unanimous

III. Approval of Minutes –April 27, 2015:

MOTION: To APPROVE the Minutes of the East Windsor Elderly Commission dated April 27, 2015 as written.

Burns moved/Drouin seconded/DISCUSSION: None

VOTE: In Favor: Burns/Drouin/Viets

Opposed: No one

Abstained: Cormier

September 28, 2015 Meeting not held due to lack of quorum.

IV. 2016 Meeting Schedule

East Windsor Elderly Commission Regular Meeting – October 26, 2015

The Commission reviewed the proposed 2016 Meeting Schedule. The Commission considered changing the location to the Town Hall Annex but felt the Town Hall offered the opportunity to welcome guest at the larger location. The Commission agreed they would like to continue to meet at 5:30 p.m. in the Town Hall Meeting Room. The 2016 Dates will be: February 22, March 28, April 25, September 26, and October 24.

MOTION: To ACCEPT the 2016 Elderly Commission Meeting Schedule as presented; location to remain at the Town Hall.

Burns moved/Cormier seconded/DISCUSSION: None

VOTE: In Favor: Unanimous

(The 2016 Meeting Schedule has been submitted to the Town Clerk's Office)

V. Open Discussion – 2016 Projects:

The Commissioners reviewed the following projects/programs for consideration during the 2016 season:

Senior Survey: Mrs. Drouin, Ms. Burns, and Mrs. Viets noted a survey had previously been sent to local Seniors. They requested Municipal Agent Fromanek to send the computer file to the Recording Secretary so the Commission could consider reissuance of the survey.

2016 Community Day: The Commission agreed they would like to host a table at the 2016 Community Day event now held in September. Discussion will be a continuing Agenda item beginning with the February 2016 Meeting. Municipal Agent Fromanek noted the Social Services Department hosted a table with the Hunger Action Team at the 2015 Community Day; perhaps the Elderly Commission could join them as well.

The Commission suggested they could have **File for Life** packets available to offer the public. While the packets are made available through the East Windsor Ambulance Services the Elderly Commission felt Community Day would give them an opportunity to discuss the service with residents that might not currently be participating at the Senior Center.

Mrs. Drouin suggested the **ICE** program is another option for Seniors in which emergency contact information is added to a Senior's cell phone so they can easily seek assistance if necessary. She suggested the Commission could provide a volunteer to program contacts for Seniors at the Community Day event.

Mr. Cormier noted the owner of the Book Club in Broad Brook has made copies of **free books** available for Seniors; he suggested offering a small selection at the Elderly Commission's table.

**East Windsor Elderly Commission
Regular Meeting – October 26, 2015**

New Senior Center: Municipal Agent Fromanek reported \$30,000 has been included in the projects being considered by the Capital Improvement Projects Commission. She proposes that funding would be utilized for an engineering/architectural study to consider the feasibility of renovating unused rooms at the Town Hall Annex for a Senior Center. Municipal Agent Fromanek reported she has requested an additional \$200,000 for hiring an engineering firm to develop a design for the renovations. If the Town has shovel-ready projects on the shelves she can then apply for grants to assist with construction.

Discussion followed regarding the current Senior Center. It was noted the steps and ramp are a problem for some Seniors.

VI. Public Input – Comments only (5 minute maximum)

No public in attendance, but Municipal Agent Fromanek offered the Commission the following updates:

A **Health Fair for Seniors** was recently held at the Annex. Flu shots were offered by the Visiting Nurse Association. Hearing and memory impairment screenings were also held. Various vendors attended the Fair. Food donations were provided by Touchpoints.

The Senior Center's entered "The Recycled Teenager".in the Town's **Scarecrow Contest** –.

A **Yoga** instructor is being hired to run weekly sessions at the Senior Center. These sessions would augment the current chair yoga program.

A **bus trip** to Foxwoods was recently offered through the Senior Center; the trip was well attended.

VII. Adjournment:

MOTION: To ADJOURN at 6:15 p.m.

Drouin moved/Viets seconded/DISCUSSION: None

VOTE:In Favor: Unanimous

Respectfully submitted:

Peg Hoffman, Recording Secretary, East Windsor Elderly Commission